2025 NorCal Level 4 & 5 State Gymnastics Championships

(YOUNGEST to OLDEST)

Friday, Nov 14 – GOLD gym – Lvl 4			
Sess 1 – Level 4	Sess 2 – Level 4	Sess 3 – Level 4	Sess 4 – Level 4
Open Stretch 9:00 am	Open Stretch 12:00 pm	Open Stretch 3:00 pm	Open Stretch 6:00 pm
March In 9:20 am	March In 12:20 pm	March In 3:20 pm	March In 6:20 pm
Age Groups Child A-E	Age Groups Child F-J	Age Groups Child K-N, Junior A	Age Groups Junior B-F
7 yrs to younger 9	middle 9	older 9 to younger 10	middle 10
Birthdate Range 9-6-16 to 12-31-18	Birthdate Range 2-21-16 to 9-5-16	Birthdate Range 9-27-15 to 2-20-16	Birthdate Range 4-26-15 to 9-26-15

Saturday, Nov 15 – GOLD gym – Lvl 4			
Sess 5 – Level 4	Sess 6 – Level 4	Sess 7 – Level 4	Sess 8 – Level 4
Open Stretch 9:00 am	Open Stretch 12:00 pm	Open Stretch 3:00 pm	Open Stretch 6:00 pm
March In 9:20 am	March In 12:20 pm	March In 3:20 pm	March In 6:20 pm
Age Groups Junior G-K	Age Groups Junior L-M, Senior A-C	Age Groups Senior D-H	Age Groups Senior I-M
older 10	oldest 10 to younger 11	older 11 to younger 12	older 12 to 16 yrs
Birthdate Range 11-25-14 to 4-25-15	Birthdate Range 4-21-14 to 11-24-14	Birthdate Range 6-28-13 to 4-20-14	Birthdate Range 1-1-09 to 6-27-13

Sun, Nov 16 – GOLD gym – Lvl 5		
Sess 9 – Level 5	Sess 10 – Level 5	Sess 11 – Level 5
Open Stretch 8:00 am	Open Stretch 11:00 am	Open Stretch 2:00 pm
March In 8:20 am	March In 11:20 am	March In 2:20 pm
Age Groups Child A-E	Age Groups Junior A-E	Age Groups Senior A-E
8 yrs to 10 yrs	11 yrs to younger 12	older 12 to 16 yrs
Birthdate Range 11-2-14 to 12-31-17	Birthdate Range 9-25-13 to 11-1-14	Birthdate Range 1-1-09 to 9-24-13

Admission Prices				Meet Location	General Info & Hotels
Doors open Fri/Sat 8:30 am & Sun 7:30	Single	Per Day	Weekend	Sonoma County Events Center @ the Fairgrounds 1350 Bennett Valley Rd Santa Rosa 95404	Meet: Grace Pavilion Awards: Finley Hall See website for hotels REGymnastics.com
Adults (13+)	$20	$30	$75		
Kids (4-12) & Seniors (65+)	$15	$25	$55		
Kids 3 & under	Free	Free	Free		

Current as of 11/10/2025